



Manon Dulude, Ph.D., PCC

Facilitator / Presenter / Executive
Coach / Trainer / Author



Manon brings thirty years' experience as a psychotherapist and fifteen years as a coach to her clients and specializes in working with the emotions and behaviors of individuals, leaders, teams and workplace cultures. She uses the fundamentals of Neuropsychology, Brief Solution Focused Coaching, and Cognitive Behavioral Coaching to assist individuals to create new perspectives to a problem and expand their problem-solving abilities.

Areas of Expertise

Executive Coaching

- Onboarding,
- Leadership,
- Building Executive Teams,
- Communication and Performance Enhancement.

As a coach, Manon is committed to working with individuals, leaders, groups and teams who seek to build trust, overcome communication barriers and enhance performance. She also assists them to increase team commitment and accountability, pay attention to results, and execute change. Her coaching strategies include the use of various assessment tools to increase personal self-awareness and self-knowledge.

Presentation & Training Topics

- Teamwork,
- Culture Change,
- Collaborative Conflict Resolution.

She also has extensive experience in the field of Critical Incident Stress Management and trauma recovery. She has worked with many individuals and corporations where life-threatening situations such as workplace mishaps, accidental death, and armed robberies had occurred. In 1998, she was involved in supporting the search and rescue personnel of the Canadian Coast Guard during the Swissair disaster operation, and in 2001 witnesses/survivors to the attacks on the World Trade Center in New York. Through these experiences, Manon has learned to support leaders as they face unusual levels of stress and crisis both in their businesses and their lives. As a facilitator, Manon has developed curriculum and delivered training programs program for coaches and an online assessment tool to determine coaching capacity in clients.

Facilitations

- Critical Incident Stress Management,
- Retreats,

Manon holds a Ph.D. in Human Development and Coaching from the International University of Professional Studies in Hawaii. She is a Certified Psychotherapist, a Certified Professional Coach with the International Coach Federation, a Board-Certified Coach from the Center for Credentialing and Education, and a Certified Career Management Coach from the Career Coach Academy. In addition, Manon is trained in CBT (Cognitive Behavioral Therapy), DBT (Dialectical Behavior Therapy), Relational Life Therapy, EMDR (Eye Movement Desensitization and Reprocessing), and BSFT (Brief Solution-Focused Therapy).

Manon currently resides in Ontario, Canada.